

- Sound Healing - Professional Practitioner Programme



This exciting, inspirational and dynamic Sound Healing Diploma to Practitioner level is now available, delivered over 7 months. You will be using your voice mainly for toning and 'Sacred Sound'.

Every bone, every organ of our body, every part of us, resonates to specific frequencies or notes. When any part of us is out of synchronization, our notes get blocked or 'off key', which results in a very discordant sounding orchestra! This can result in dis-ease and low energy. By using sound healing, you will be receiving the notes, sounds and vibrations you need to place you back in a state of perfect harmony and well-being. It will assist in expanding your awareness dramatically; you will gain much more confidence and let go of inhibitions once you can let your voice express yourself and allow the different sounds of light to enter your being and flow through you.

Upon completion of this excellent diploma programme you will have learnt:

- Scanning the body and energy field
- Different tools for sound healing
- Understanding the chakras and energy field
- Toning the chakras
- Clearing and cleansing chakras
- Tuning Forks for healing
- Healing with Singing Bowls & Voice
- Crystals and Sound healing
- Colour & Sound Healing
- Sound baths
- Distant healing with sound

There will be breaks and periods of silence to allow the Sound healing to be absorbed and integrated fully and comfortably for each person.

After completion of the course, home course study work and case studies, a **Sound Healing Practitioner's Diploma** will be awarded to you.

Hoping that this inspiring and illuminating course speaks to your heart and we would be delighted to take you further on this exciting journey of Sound healing... It is a delight and pleasure to have the honour and privilege of working with you!

"The voice is a light. If the light becomes dim, it has not gone out; it is there. It is the same with the voice. If it does not shine, it only means that it has been cultivated and you must cultivate it again and it will shine once more."

Course Content

The course consists of 5 modules over 7 days. Module 1 comprises the **Introduction to Sound Healing Therapy (2 day) workshop** which is available separately. To find out more please visit our website.

Module 1: Introduction to Sound Healing

Day 1 - Finding your voice 1

Learn how to joyfully explore your voice and discover that everyone can naturally express themselves with a voice that is beautiful, unique and a true expression of themselves.

This practical day will focus on finding confidence in using you're voice, including you're inner voice, that will encourage self healing. The day will include the following:

- Using simple voice exercises
- Learning chants
- Breath work
- Listening skills
- Group toning and healing

Day 2 - Healing with the voice

On this day, we will explore how your voice can help heal the body, mind and soul. The day will include:

This one day workshop explores how your voice can help heal the body, mind and soul. It is an experiential workshop and offers an introduction to singers and non-singers alike to the power of using the voice on yourself and on others. The day will include:

- The principles of sound healing
- Energy awareness
- How to give a basic sound healing treatment
- Releasing pain through sound
- Understanding the value of silence in sound healing

Module 2: Sounding the Chakras - 2 days

On these days we will learn how each chakra has its own individual sound and how we can best use sound to energise our chakras and bring about balance, harmony and health.

- Understand the healing process and the blocks to healing
- Understand the chakra system and the five elements
- Learn the sounds of the Indian scale and how to use it to balance the chakras
- Learn how to sound the Sanskrit bija mantras for individual chakras and how to balance the chakras with bija mantras

Module 3: Use of Tuning Forks and Tibetan Bowls - 1 Day

- How to use tuning forks in the human energy field
- How to use tuning forks to clear energy blocks
- Various techniques to make the Tibetan bowls sing
- How to use the bowl as a healing tool
- How to use the bowl for space clearing

Module 4: Using Crystals with Sound - 1 Day

- How to use sound to tap into the living spirit which is in all crystals
- How to link in to your intuitive knowledge and how to work with it to get the best from your crystal.
- How to best choose your crystal by working from your heart

Module 5: Using Colour with Sound - 1 Day

- Learn how essences are made and how they can be utilised for well being
- Balancing the chakras
- Self healing
- Group healing
- Distant healing

Pre –requisites

Those students who wish to qualify as practitioners* will be required to study for a Level 3 qualification in Anatomy & Physiology. Full details of our ITEC Level Diploma are available at www.athenaschool.co.uk (our sister site Athena School of Natural Therapies). Alternatively, we welcome students who hold a separate but equivalent A&P qualification who may apply for Accreditation of Prior Learning. Full details are available on request. Study can be prior to, simultaneous with or following on from the Sound Healing Therapy course modules, to suit each students' needs.

Students will also need to complete the **ITEC Level 3 Diploma in Business Competence** unless they already hold a Level 3 Practitioner qualification.

* We respect the fact that many students have no desire to become practitioners but simply do the course for personal development reasons. There is no requirement for these students to undertake study in A&P unless they wish to do so.

Fee: Sound Healing Practitioner Diploma Programme: £75.00 per Full Day Module, £525 for the full Diploma. **To secure your place:** A deposit of £100.00 secures a place. The balance is then due no later than 30 days prior to commencement of the course. You can choose to spread the cost of the programme and pay by affordable monthly installments over the duration of your course and on an **INTEREST FREE BASIS** - please complete an Easy Payment Plan form and submit it with your booking.



Tutor: Nesta Bates.

Course times: 10am - 5pm

Also available: Sound Therapy Professional Practitioner Programme Intensive

Booking Form overleaf.

Visit www.clear-intentions.co.uk for details of the next course/workshop dates. You can also choose to save time and book online.



Clear Intentions

Helping to heal our world

Clear Intentions Workshops and Training Programme Booking Form

Please complete in **UPPER CASE** and return to the address below. Additional forms are available at the school or on our website at **www.clear-intentions.co.uk**

Course Title: _____

Course/Commencement Date: _____ Date of Birth: _____

Full Name: _____

Address: _____

Telephone/Mobile/Fax: _____ Email: _____

Present Occupation: _____ Qualifications: _____

Previous experience in health related fields (if any): _____

Please state if you have any disabilities or conditions which may require any special help during the course/workshop: _____

Please state how you heard about the course: _____

Amount due: £ _____ Deposit Full amount. **Please tick your method of payment:** Credit/Debit Card PayPal

To secure your place: A deposit of £100.00 secures a place. The balance is then due no later than 30 days prior to commencement of the course. You can choose to spread the cost of the programme and pay by affordable monthly installments over the duration of your course and on an **INTEREST FREE BASIS** - please complete an Easy Payment Plan form (see overleaf) and submit it with your booking.

If paying by Credit/Debit Card: Please telephone **01902 238 901** to make your payment. **If paying by PayPal:** Please visit our website at **www.clear-intentions.co.uk** for details of how to make the payment. PayPal Transaction ID: _____

Declaration: I confirm that I have read and understood and am happy to accept the Booking Terms and Conditions set out below. Please note that a payment made via PayPal or Credit/Debit Card also forms acceptance of the Booking Terms and Conditions.

Signed: _____ Date: _____ Print Name: _____

Visit **www.clear-intentions.co.uk** for details of the next course/workshop dates.
You can also choose to save time and book online.

Enquiry Form

Please send me information on the following courses/workshops: *Please tick and provide contact details using form above.*

- | | | |
|--|--|--------------------------|
| <input type="checkbox"/> Angels | <input type="checkbox"/> Kwan Yin and the Lavender Flame | <input type="checkbox"/> |
| <input type="checkbox"/> Angelic Lightworkers Practitioner Programme | <input type="checkbox"/> Neuro-Linguistic Programming (NLP) | <input type="checkbox"/> |
| <input type="checkbox"/> Ascended Masters | <input type="checkbox"/> Past Life Regression Therapy | <input type="checkbox"/> |
| <input type="checkbox"/> Atlantis Healing Initiations | <input type="checkbox"/> Ra Sheeba Initiations | <input type="checkbox"/> |
| <input type="checkbox"/> Aura Balance - energyfield therapy™ | <input type="checkbox"/> Reiki | <input type="checkbox"/> |
| <input type="checkbox"/> Colour Therapy | <input type="checkbox"/> Sacred Geometry | <input type="checkbox"/> |
| <input type="checkbox"/> Crystal and Gem Therapy | <input type="checkbox"/> Seichem | <input type="checkbox"/> |
| <input type="checkbox"/> Crystal Lightbody Activation Programme | <input type="checkbox"/> Seichim Healing with the Divine Mother | <input type="checkbox"/> |
| <input type="checkbox"/> Crystal Reiki | <input type="checkbox"/> Sekhem Healing Ray | <input type="checkbox"/> |
| <input type="checkbox"/> Dolphin Reiki | <input type="checkbox"/> Shamanism | <input type="checkbox"/> |
| <input type="checkbox"/> Earth Healing | <input type="checkbox"/> Shamballa Reiki Intensive | <input type="checkbox"/> |
| <input type="checkbox"/> EFT | <input type="checkbox"/> Shell Healing | <input type="checkbox"/> |
| <input type="checkbox"/> Egyptian Healing | <input type="checkbox"/> Sound Therapy | <input type="checkbox"/> |
| <input type="checkbox"/> Emotrance | <input type="checkbox"/> St Germain and the Angels of the Violet Fire | <input type="checkbox"/> |
| <input type="checkbox"/> Flower and Vibrational Essences | <input type="checkbox"/> Training with Athena School of Natural Therapies. | <input type="checkbox"/> |
| <input type="checkbox"/> Holistic Tarot | | |
| <input type="checkbox"/> Hypnotherapy | | |

RETURN TO: Clear Intentions, Graphic House, New Road, Willenhall WV13 2BG

Email: enquiries@clear-intentions.co.uk **Telephone:** 01902 238 901 **Website:** www.clear-intentions.co.uk

1. The booking agreement: Any contract between you and us is subject to these Booking Conditions. The contract shall be governed by and construed in accordance with English law and is subject to the jurisdiction of the Courts of England and Wales.

2. To make a booking: To secure your booking please submit your booking form either online or by post. You can book online via www.clear-intentions.co.uk and PayPal OR telephone 01902 238 901 and make your payment by debit/credit card. PLEASE NOTE: You will still need to submit a completed Booking Form which you can complete and submit via our website OR print off and send to: Clear Intentions, Graphic House, New Road, Willenhall WV13 2BG. Upon receipt we will send Confirmation/Induction pack details.

3. Payment of balance of course fees: Due to the administrative costs involved, we are unable to issue payment reminders. The balance due on all course bookings must be paid no later than 30 days prior to commencement of training. If this is not done we reserve the right to cancel your booking and make cancellation charges in accordance with our standard terms. You can choose to spread the cost of a programme and pay by affordable monthly instalments upon completion of an Easy Payment Plan form submitted with your booking. If you are paying by credit/debit card, and you have not advised us otherwise in writing by RECORDED DELIVERY, the balance due will, at the appropriate time, be charged automatically to your card.

4. To cancel your booking prior to commencement of course: Notification of a wish to cancel must be made as soon as possible by the person who made the original booking and should be in writing by RECORDED DELIVERY. Cancellation charges are as follows: Written notice of cancellation received prior to commencement of training; more than 90 days – deposit only; 31–89 days – 75% of final invoice; 15-30 days – 90% of final invoice; 14 days or less – 100% of final invoice.

5. Withdrawal from training courses, which have already commenced: If you need to withdraw from the course for whatever reason once the course programme has commenced, then payment for sessions yet to be attended are not subject to refund of any kind. Where a 'pay-as-you-go' payment scheme is in operation, payment for future sessions of a tutor-led course will still be required, in accordance with the signed agreement between the student and school.

6. Cancellation of training courses by us. Training courses are based on an economic minimum number of students (usually but not always 8 delegates). Should this not be reached, we reserve the right to cancel the training course. In other, unlikely circumstances it may also be necessary for us to cancel or significantly alter a training course. In the event of cancellation of training courses by us we will refund to you all monies paid to us in full. We will in no circumstances be liable to pay you any compensation. We may be able to offer you the choice of an alternative course and, should you wish to transfer, will refund to you any difference in price between the original booking and the alternative course if of a lower value.

7. Brochure descriptions and prices: It is inevitable that some of the prices and details contained within our printed promotional literature may change after the time of printing. You will be informed of any relevant changes to printed promotional literature when you book and before you enter into a contract with us as part of our commitment to quality customer service. We reserve the right to change any of the services or facilities or prices described in the promotional literature at any time before a contract is made between us.

8. Changes to the scheduled programme after booking: Our training courses are planned and scheduled many months in advance. Sometimes changes may be necessary. Although we would normally expect to be able to provide you with the services confirmed by us in respect of your original booking, occasionally this will not be possible and we reserve the right to make changes as necessary. The arrangements featured on our website and in our literature are by their very nature complex with services involved from many different tutors, accreditation and examination bodies etc. Due to potential changes in syllabus criteria, tutor personal and professional circumstances and other issues over which we have no control, it is not always possible to guarantee aspects such as particular tutor attendance. Tutor or other aspects of course information are stated for guidance only. Final details will be shown on your final Joining Instructions, sent approximately two weeks prior to training course commencement. We will make every effort to provide as much advance notification as possible but we feel it is only fair to warn you of possible variations which, although rare, can occur every once in a while.

9. Special requests: Any special request or requirement which is essential to your booking (such as specific dietary requirements, wheelchair assistance or special facilities for certain medical conditions) must be made known to us in writing by RECORDED DELIVERY before you book. We will contact our tutors and other sub contractors /suppliers and the request will only become a term of your contract with us if we confirm in writing that the request can be met and your booking proceeds on that basis. We are happy to pass on any other reasonable requests that you may have such as desired location of training rooms or other requirements as to meals, (where these form part of the course package), but they cannot be guaranteed and will not form part of our contract. No compensation will be payable if such requests are not fulfilled. None of these terms and conditions affect your statutory rights. Special requests such as larger font notes in course handouts and examination papers or printing of notes on a specific colour of paper can be met but we ask that you make us aware of such requests at least 30 days prior to the commencement of your training course.

10. What the price includes or does not include: Unless otherwise stated in course literature, brochures and website listings, training course costs cover venue, (where appropriate) tuition fees, course notes and refreshments (tea, coffee, biscuits and mineral water). The cost does not cover your travel expenses, any accommodation expenses and food.

11. Complaints: In the unlikely event that you need to complain about any aspect of the training which you have received from Clear Intentions, you must notify Debra G Goldston, School Principal in writing by RECORDED DELIVERY within 48 hours of the activity giving rise to the complaint having occurred. Debra should be contacted at the following address: Clear Intentions, Graphic House, New Road, Willenhall WV13 2BG. Retrospective complaints are noted through the evaluation procedure and will not be considered as reason for refunds.

12. Student conduct: We reserve the right to ask you to leave the course in the event of any upheld reason (See Grievance Procedure and Code of Conduct). In that event monies for future lessons will not be refunded.

13. Your obligations in respect of your training with us: You are responsible for your own health and wellbeing throughout the duration of the course. If you have experienced/are experiencing any of the following, please let us know in writing before the course commences (any information will be held in the strictest of confidence): i) Epilepsy/Diabetes/Asthma/High or Low Blood Pressure. ii) Any medical problems of an acute or chronic nature. iii) Any emotional or mental trauma that has resulted in your seeking medical advice or treatment. iv) Suffered from any drug (prescribed or otherwise), alcohol or substance abuse. In the event that any of the above conditions manifest after commencement of your course, you are required to notify us in writing by RECORDED DELIVERY within 48 hours of your becoming aware of these facts. Importance notice: Insurance cover is available to protect students in the event of illness, personal injury or death during an on going training course. We strongly recommend that you take out such cover. The Clarity Holistic Training Group Ltd Block Scheme with Balens is available for students of Clear Intentions. In view of the availability of cover, we are unable to consider health issues as a reason to refund course fees whatsoever. You are responsible for the safety of your personal belongings and Clear Intentions does not accept any liability for loss, howsoever caused.

14. Data protection policy: We take full responsibility for ensuring that proper security measures are in place to protect the information you provide us in order to process your booking. We must pass this information onto the relevant suppliers of your training arrangements such as tutors and awarding/examination bodies (PLEASE NOTE: If we cannot pass this information to the relevant suppliers, we cannot provide your booking. In making this booking, you consent to this information being passed on to the relevant persons). This applies to any sensitive information that you give to us such as details of any disabilities, or dietary/religious requirements. We will not pass any information onto any person not responsible for part of your training arrangements. If you wish to have a copy of the personal information held about you, we will supply this upon written request accompanied by an admin charge of £10.

Do not sign the Booking Form until you have read and understood the above and are happy to accept these terms and conditions. Clear Intentions is a brand name of Clarity Holistic Training Ltd. Registered office address: Graphic House, New Road, Willenhall WV13 2BG England. Registered Company Number 06702133.



Clarity Holistic Training Ltd

Easy Payment Plan Agreement

Please complete this form and return it with your booking form.

Before placing your booking, please read the following terms of the Easy Payment Plan Agreement:

EASY PAYMENT PLAN AGREEMENT

Definitions

"Applicant"- means the individual who is applying to pay for training by monthly payments.

"The Company"- means Clarity Holistic Training Ltd.

"The Parties"- means the Applicant, together with the Company.

"Easy Payment Plan Account"- means a facility whereby the Applicant can pay for their training on a month by month basis over the duration of their training course.

"Training"- means any course of training supplied to the Applicant by the Company.

"Booking Form"- means that form which is completed by the Applicant in the process of applying for a place on a particular training course. Copies are available from the Company upon request.

It is hereby agreed by the Parties as follows:

1. Examination fees do not qualify for Easy Monthly Payment Plan terms and must be paid in full at commencement of each course.
2. As an alternative to paying for training in full at the time of booking, the Applicant is applying for an Easy Monthly Payment Plan Account and hereby elects to pay for their training according to the terms of this Agreement:
3. The Applicant agrees that the banking standing order mandate completed when placing this booking and signing this agreement will be billed according to the payment terms selected below.
4. This Agreement forms an integral part of the Booking Form which has been completed by the Applicant in respect of their Training and must be read in conjunction with that form and, in particular, with its standard booking terms and conditions. Full details are available upon request, contained within every Booking Form and can also be downloaded from all of the Company's websites.
5. The Applicant agrees that the bank funds available in their designated bank account will continue to be sufficient to permit the timely debit of their account in accordance with this Agreement.
6. The Applicant further agrees that, to the full extent permitted by English law, the Company may impose upon the balance outstanding a late fee of 10.00 pounds per calendar month for any payment that is not made on a timely basis.
7. The Parties agree that delinquent accounts are further subject to a 22% annual interest rate and may be sent to Collections for collection of the full amount owed plus collection costs.
8. The Company reserves the right to report delinquent payments to the appropriate credit agencies.
9. By choosing the easy monthly payment plan the Applicant confirms that they have read and understand all the above terms, together with those contained within the Company's standard booking terms and conditions.
10. This Agreement is valid for England and Wales bookings only.
11. Any editing of / amendment to the above Agreement will render it void.
12. All monies outstanding under this Agreement are payable immediately upon either of the following events:
 - a) cancellation of a course booking where the course has not yet commenced or
 - b) withdrawal from a course which has already commencedand the Company is entitled to debit the Applicant's account with such payment immediately.

Continued overleaf...

12. PAYMENT PARTICULARS

Full Course Title: _____

Course Commencement Date: _____

Full Course Cost: _____

Deposit paid: _____

Balance outstanding AND FOR WHICH INSTALMENT FACILITIES ARE REQUESTED: _____

- 1. Payment Duration: (Please initial payment choice)
 3 months _____ 6 months _____ 12 months _____
- 2. **Please note that the payment plan duration is restricted to the duration of your course.**
 For example, you may not pay for a 6 month course over 12 monthly installments but may select either 3 monthly or 6 monthly terms.

13. Applicant's Declaration:

I have read and agree to all the terms above. By signing this contract I am certifying that I am at least 18 years of age and all of the information provided by me is correct and subject to verification by the Company.

Name: _____

Address: _____

Telephone number(s): _____

Passport / Drivers license number: _____

Date of birth: _____

Email: _____

Date: _____

Signature: _____

Submissions by Email: By typing in my name and initials I am agreeing to all the terms above. Submissions by Fax and Post must have a signature.

Clear Intentions is a brand name of Clarity Holistic Training Ltd. Registered office address: Graphic House, New Road, Willenhall WV13 2BG England. Registered Company Number 06702133.

PLEASE SIGN AND RETURN TO:
Clear Intentions, Graphic House, New Road, Willenhall WV13 2BG England
Email: enquiries@clear-intentions.co.uk **Telephone:** 01902 238 901
Website: www.clear-intentions.co.uk



Clarity Holistic Training Ltd

Credit Card Authorisation Form (CCA1)

Please complete this form in UPPER CASE when you wish us to debit your credit or debit card for items such as ITEC examination fees.

Name: _____

Address: _____ Postcode: _____

Email: _____

Telephone Number(s): _____

Card Number: _____
(this is the long number down the centre of your card)

Type of Card (please tick):

Mastercard Visa Credit Visa Delta Switch Electron Maestro JCB Solo

Issue Date: _____ Expiry Date: _____ Issue Number: _____
(if applicable)

CVC: _____
(this is the three digit security code on the reverse of your card)

I hereby authorise Clarity Holistic Training to debit my card with fees due in relation to my course/workshop.

Signed: _____ **Date:** _____

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