Practitioner Diploma in Clinical Hypnotherapy

Outline of assessments

1. Standards and conduct.
    - Written answers to questions on standards, ethics and relevant legislation
    - Brief essay on the basics of hypnosis
2. Communication, relationships, work role and reflective practice.
    - Written answers to questions
    - A reflective account of one session with a client, written to fulfil specific criteria
3. Models and concepts in hypnotherapy
    - Written answers to questions on the key models and concepts and how these have developed, including some compare and contrasts
4. Practice management
    - Written answers to questions on confidentiality, the role of the escort, issues of consent, disability and health and wellbeing.
    - Produce a folder containing example documents you have produce as part of planning for your future practice, along with examples researched from other business's were a *:
        i. Basic business plan
        ii. Practice leaflet*
        iii. Advert*
        iv. Business card*
        v. Cash flow forcast
        vi. Start up budget
5. Complimentary healthcare
    - Written answers to questions about client screening
    - 2 written treatment plans for different clients showing integrated approaches to care
    - 1 reflective account of practice for a client showing were you have used an integrated approach
6. The mind body organism
    - Written account of the stress response
    - Written explanation of conscious vs unconscious process's
    - Written answers to questions on the main themes of psychology (as covered in this course)
    - A reflective account of practice showing how psychological theories influenced your approach
7. Therapeutic approaches
    - Produce and use a 'script bank' of scripts showing how you would use various intervention methods (covering a pre-set list of techniques)
    - 3 reflective accounts using different scripts from your script bank, with different clients
    - Produce an information sheet for your clients giving them a basic understanding of hypnotherapy prior to commencing treatment, with a 'frequently asked questions'

8. Managing the clients experience
    - Produce and use a section of your script bank for inductions and deepening techniques, showing which would be suitable for different types of clients (to cover a preset list of types as a minimum)
    - Written answers to questions about induced and spontaneous abreactions and their management
    - Produce 3 examples of 'homework' activities to give to clients to complete between sessions
    - 2 reflective accounts based on work with clients were work between sessions has been agreed, showing how this was used as part of the treatment
    - Produce a basic recording to give to a client
9. Maintaining personal professionalism
    - Written answers to questions about 'continuing professional development', professional presentation, appropriate touch, guarantee's and success rates, the role of the therapist
    - Produce a draft professional development plan for yourself over the next 2/3 years showing your goals and how you plan to achieve them
    - 2 reflective accounts showing how your CPD has influenced your practice (1 before and 1 after showing the development / learning
10. Interviewing and assessing client
    - Produce and use a client intake record to use at the first appointment client
    - Written answers to questions about rapport, self disclosure, questioning techniques, suggestibility testing, depth scales
    - 3 reflective accounts of client intake interview showing how the information gathered was used for the clients benefit and how it influenced the treatment plan
    - Record 1 complete session with a real or volunteer client (after securing ans recording consent) covering client intake, induction, deepener, suggestions, safe emerging and aftercare advise.
11. Providing treatment
    - Written answers to questions on; explanations to client, agreeing logistics, client feedback, terminating trance, terminating sessions, discontinuing treatment
    - Produce a treatment record / session (planned vs actual) record and complete it for 3 clients using different approaches
    - Produce 3 reflective accounts linked to the records of treatment
    - Produce a checklist to use with clients to record advise given, and to check for consent and contraindications
    - Produce an aftercare sheet to use with clients to provide advise on what to expect after sessions and appropriate self care