

Skinbuddy™

Luxury Organic & Natural Skincare

2 Day Creams Course

Learn the secrets from a master cosmetologist and make your own luxury moisturisers, shampoos with no SLS, facial peels and scrubs, aluminium free deodorant and so much more...

All the raw materials are supplied and you take home all the products that you make.

- **Make your own range for salon or therapy use**
- **Sell your products at local markets or online**
- **Decide what YOU want to put into what goes on your skin**



This course counts as 10 CPD towards your therapist total need. Skinbuddy training is recognised by Professional Insurers to allow you to sell on safely. Both course dates include copious course notes, all raw materials that you need and we welcome questions.

Enjoy producing your own quality organic skincare product range. During the course you will learn:

Skinbuddy Creams Day 1

- How to make skin friendly moisturisers using organic essential oils
- How to make a conditioning shampoo
- How to make a quality petroleum free lip balm using organic ingredients
- How to make facial masques for sensitive skin and other skin types
- How to make a body scrub gel cheaper than you can buy in the shops
- All raw materials supplied and you make enough to take home to use
- Valid for 5 CPD / PPD points towards your annual total needed
- Hands on experience and time for questions with high tutor to student ratio

Skinbuddy Creams Day 2

- How to make a silk skin cream with no animal products
- How to make an organic sweet almond oil spray lotion
- How to make a balsam hair conditioner
- How to make a line smoothing facial peel with soothing organic essential oils
- How to make an effective aluminium free roll on deodorant
- All raw materials supplied and you make enough to take home to use
- Valid for 5 CPD / PPD points towards your annual total needed
- Hands on experience and time for questions with high tutor to student ratio

Further details overleaf..

**Visit our Website: www.athenaschool.co.uk or
Telephone Wolverhampton 01902 238 901**



About Skinbuddy™:

Skinbuddy™ was set up several years ago by Naturopath Mike Harmon and became a Limited Company in 2005.

During my training as an Iridologist, the findings from my clients kept showing points of similarity with each other; nearly all the people were exhibiting classic symptoms of toxic overload from the bowel and would benefit from Colonic Hydrotherapy, Nutritional Advice and Supplementation and their skin conditions were being made worse by the very products they were using. These petrochemical products were also adding to the toxicity of the bowel so a vicious circle was formed. In my feedback to the clients I was suggesting that they cleanse their bowel and find better alternatives for the products. "Where do we go" they asked and some quick research confirmed to me that there were very few Colonic Hydrotherapists and even less people producing nutritionally sound skincare products. So my next 6 years were spent learning and perfecting these skills. I am now proud of what I have pulled together and sincerely believe Skinbuddy™ is unique in what it offers. We see clients for health problems and offer a full service of problem management using all the therapies at our disposal and a range of superior skincare products to improve the function of the skin. Learn how to make the products yourself and then help yourself as well as others.



Skinbuddy™ all pulls on the experience of a range of tutors experienced in other fields to enhance and improve your overall learning experience.

We think this gives Skinbuddy™ an uniquely holistic approach in the truest sense of the word.

We hope to meet you soon.

Cost: £100.00 per day and a deposit of £70.00 which is required to secure your place on this excellent course. The balance is due on or before the course commencement date.

Course times: 9.30am - 5.00pm

There are a limited number of spaces for this course and they are sure to be filled quickly.

For more information please telephone the school on **01902 238 901 or visit our website at **www.athenaschool.co.uk****

Booking form overleaf...

**Visit www.athenaschool.co.uk for details of the next course/workshop dates.
You can also choose to save time and book online.**